

ADVISORY for April 16, 2016

Mountain Park Health Center to Host 6th Annual Family-Friendly 5k Run/Walk at Goodyear Clinic

Goodyear, AZ - More than 300 community members from around the Valley are expected to attend the 6th annual 5k Run/Walk at Mountain Park Health Center's Goodyear Clinic. The event is family and dog friendly.

- **WHO:** Mountain Park Health Center is a non-profit community health center with eight clinics serving over 70,000 patients throughout the Valley. We provide quality, affordable healthcare for the entire family.
- **WHAT:** Our 5k Run/Walk draws over 300 participants. Local community groups, including International Rescue Committee's farmers market, will be present to share resources with the community. Entertainment for the kids and the entire family will be present through the morning.
- **WHERE:** Mountain Park's Goodyear Clinic is located at 140 N. Litchfield Rd., Goodyear, AZ 85338 on the southwest corner of Litchfield and Van Buren. The race starts and ends in our parking lot and follows a 3.1 mile/5km route.
- **WHEN:** Saturday, April 16, 2016. Registration and event begins 6:00 a.m., 5k begins 7:30 a.m. and Happy Feet Kids run (ages 2-10) begins 8:45 a.m. The event ends at 10:00 a.m.
- **WHY:** Mountain Park's 5k Run/Walk raises funds for Mountain Park Health Center to continue providing quality, affordable primary care to our community. The event also helps build awareness for Mountain Park and our community partners. We encourage the whole family to enjoy a fitness event at their pace and ability level.
- **VISUALS:** Set against the backdrop of the Estrella Mountains, hundreds of participants will be running and walking the streets of Goodyear. We expect a large turnout of kids as well as dogs for this all-inclusive, family-friendly race.

At Mountain Park, we believe that everyone deserves quality, affordable healthcare. Our clinics offer primary care services for the whole family in one convenient location. We accept most forms of insurance, including AHCCCS, and for those who don't have insurance, offer a Sliding Fee Discount Program that makes it easy to pay for care.

For more info visit: www.mountainparkhealth.org/5k

Convenient locations throughout the Valley.
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